

Introduction of School

# Kousen Catholic High School Junior Senior



学校法人 聖パウロ学園

光泉カトリック中学校  
光泉カトリック高等学校





## School Overview

### The Educational Goals of St. Paul's Academy

聖パウロ学園の教育目標

Our school has three educational goals. Firstly, we aim to provide students with a valuable preparatory period for their transition into society. Secondly, we strive to shape students' character based on Catholic teachings during their junior high and Senior high school years. Lastly, we aim to equip students with the academic skills necessary to forge their own path and contribute to the international community.



### The Three Goals Set

### By Kousen Catholic Junior High School and Senior High School are as Follows

3つの目標

#### 1. Shaping Character Based on Catholic Teachings

「カトリックの教えに基づく人格形成」



"Shaping character based on Catholic teachings" refers to the development of a personality filled with love. Our school conducts spiritual education through activities such as Bible study and lectures, under the theme of "School Hour."

#### 2. Ensuring a Path Through Academic Growth

「学力を伸ばし進路を保障」

To ensure that students can pursue their desired career paths, our school undertakes various initiatives. During their junior high and Senior high school years, which require a diverse range of experiences to envision their future, students have opportunities to learn various subjects, in addition to regular classes.



#### 3. Fostering Creative International Individuals

「創造性豊かな国際人の育成」



To expose students to different cultures and cultivate an international mindset, our school offers comprehensive English education, English conversation classes, and school exchanges with sister schools in Detroit (USA), Nelson (New Zealand), and Sydney (Australia). We also provide language training programs in New Zealand and the United Kingdom during the three-week summer vacation. Furthermore, through activities of the Rotary Club's "Interact Club" in Kusatsu, we engage in international exchanges with countries such as Taiwan, Thailand, and Cambodia.

## The Founding Philosophy and Patron Saint of Our School are as Follows:

建学の理念・守護聖人について

### Cultivating Individuals Who Become “The Salt of The Earth and The Light of The World”

「地の塩、世の光」

The phrase “the salt of the earth and the light of the world” is taken from the famous “Sermon on the Mount” in the Gospel of Matthew, Chapter 5:

“You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.”



At our school, we aim to cultivate individuals who are “useful in society” like the salt of the earth and who “illuminate and shine in this world” like the light of the world.

### Fostering “Love, Justice, and Responsible Freedom”

「愛と正義と責任ある自由」



Loving one’s neighbor as oneself, having a strong sense of justice to confront injustice, and understanding freedom as a responsibility rather than mere autonomy are all teachings of the Catholic faith. By adhering to these teachings, we believe that we can contribute to the realization of peace for all humanity. The founding of Kousen Catholic Junior High School and Kousen Catholic Senior High School embodies the desire for students to become individuals who embody and uphold love, justice, and responsible freedom, as they

strive towards the goal of peace for humanity.

### Patron Saint

守護聖人について

The patron saint of our school, Saint Paul the Apostle, was an early Christian missionary. Initially, he persecuted Christians, but Jesus chose him as a vessel for the mission of evangelization. While traveling to Damascus, he heard the voice of Jesus from heaven, and his sight was temporarily taken away. After arriving at his destination, his sight was restored by a disciple sent by Jesus, and he underwent conversion. Guided by the Holy Spirit, Paul embarked on numerous missionary journeys, enduring persecution and performing miracles on behalf of God. He tirelessly spread the teachings of Jesus (the Gospel) and helped to expand Christianity. Paul eventually suffered martyrdom due to persecution. However, the places he traveled to became the birthplaces of various Christian communities. Through his self-sacrifice, he exemplified being the “salt of the earth and the light of the world,” spreading the teachings of Jesus. Saint Paul was a person of unwavering dedication who fulfilled his mission until the end, inspiring us with his steadfastness and influencing our own attitudes and actions.



## History

### 沿革

Year	Events
1988	Establishment of Kousen Junior High School and High School (Capacity: Junior High: 120 students, Senior High School: 200 students)
1989	Establishment of Class II Advanced Course
1990	Completion of the Second Ground Sports Facilities
1993	First Overseas Study Program conducted (3 weeks in New Zealand)
1998	Establishment of Kousen Senior High School Class III (Science and Mathematics Course)
1999	Integration of Seta Kousen Kindergarten into our institution
2000	Expansion of school buildings completed (Chapel, Memorial Hall, Regular Classrooms, etc.)
2002	Establishment of Kousen Senior High School Class III (Integrated Course) (Capacity: Senior High School changed to 280 students)
2005	Establishment of Kousen Senior High School Class III (Humanities Course)
2009	Completion of Artificial Turf Tennis Court
2010	Completion of Junior High School Martial Arts Gym
2010	Increase in Senior high school capacity to 320 students and introduction of electronic blackboards in classrooms
2013	Commencement of Overseas Study Program in the UK (2 weeks)
2016	Increase in Senior high school capacity to 350 students
2017	Completion of New Artificial Turf Ground
2019	Establishment of Senior High School Regional Talent Development Program "Career Path"
2019	Introduction of "English Top Course" in the Junior High School curriculum
2019	Renaming of Seta Kousen Kindergarten announced (to Kousen Catholic Kindergarten)
2020	Change of school names to Kousen Catholic Senior High School and Kousen Catholic Junior High School respectively



## There are Five Courses Available at Kousen Catholic Senior High School

光泉カトリック高等学校の5つのコース

Each offering an optimal learning plan tailored to students' desired career paths. We provide full support in realizing their goals.

<b>S</b> Super	Course (Targeted to Kyoto Univ., Osaka Univ., Kobe Univ., Medical Univ.)
<b>A</b> Academic	Course (Targeted to Doshisha Univ., Ritsumeikan Univ.)
<b>L</b> Liberal arts	Course (Targeted to National and Public Universities)
<b>P</b> Pioneer	Course (Targeted to Ryukoku Univ., Kyoto Sangyo Univ.)
<b>FR</b> Front Runner	Course (Targeted to Private Universities)

### S Course (Targeted to Kyoto Univ., Osaka Univ., Kobe Univ., Medical Univ.)

The S Course is designed for students aiming to enter prestigious universities such as Kyoto Univ., Osaka Univ., Kobe Univ., and national public medical schools (Faculty of Medicine). Experienced teachers with expertise in exam preparation provide guidance and support for students pursuing these goals.

### A Course (Targeted to Doshisha Univ., Ritsumeikan Univ.)

The A Course is designed for students aiming to enter private universities such as Doshisha Univ. and Ritsumeikan Univ.. From the second year, students specialize in three subjects specific to their chosen academic stream (humanities or sciences) that are required for university entrance exams. The course also includes specific instruction on entrance exam strategies for Doshisha Univ. and Ritsumeikan Univ.. If students meet the required academic criteria, they have the option to switch to other courses such as the S Course starting from the second year.

### L Course (Targeted to National and Public Universities)

The L Course is designed for students aiming to enter national and public universities. From the second year, students focus on the five subjects required for the National Center Test for University Admissions. The course also includes instruction on preparing for the secondary examinations of specific universities. If students meet the required academic criteria, they have the option to switch to other courses such as the S or A Course when advancing to the next grade.

### P Course (Targeted to Ryukoku Univ. and Kyoto Sangyo Univ.)

The P Course is designed for students aiming to enter private universities such as Ryukoku Univ. and Kyoto Sangyo Univ.. From the second year, students specialize in the three subjects required for the humanities stream of university entrance exams. They also receive instruction specifically tailored for the entrance exams of Ryukoku Univ. and Kyoto Sangyo Univ.. In the nursing track of the P Course, students focus on preparing for entrance exams to private university nursing departments. If students meet the required academic criteria, they have the option to switch to other courses such as the A or L Course when advancing to the next grade.

### FR Course (Targeted to Private Universities)

The FR Course is designed for students aiming to enter private universities, junior colleges, and vocational schools. From the second year, students specialize in the three subjects required for humanities-based private universities. They focus their studies on these subjects. If students meet the required academic criteria, they have the option to switch to other courses such as the P, A, or L Course when advancing to the next grade.



## Characteristics of Learning at Kousen Catholic Junior High School

光泉カトリック中学校の「学びの特徴」



The "3-Step Learning" method by Kousen aims to go beyond the level of understanding in daily lessons. It is a collection of learning methods that achieve three stages: "Comprehension" (understanding), where the understood content is firmly internalized; "Retention" (memorization), where the memorized knowledge and reading/problem-solving skills are effectively utilized; and "Application" (utilization), which considers situations that lead to future paths such as exams and entrance exams.

## School Life

### Annual School Events Senior High School

年間行事（高校）

April	<ul style="list-style-type: none"> <li>- Entrance ceremony for first-year Senior high school students</li> <li>- Orientation and club introduction</li> <li>- Field Trip for first-year Senior high school students (Village-dest imadu)</li> <li>- Field Trip for second-year Senior high school students (visit to universities in Kyoto)</li> </ul>
May	<ul style="list-style-type: none"> <li>- University-specific entrance exam explanation session for third-year students</li> <li>- Cleanup activities by the volunteer club</li> </ul>
June	<ul style="list-style-type: none"> <li>- The Solemnity of Saints Peter and Paul, Apostles</li> </ul>
July	<ul style="list-style-type: none"> <li>- Mock lessons by subject for first-year students</li> </ul>
August	<ul style="list-style-type: none"> <li>- Study workshops for students</li> <li>- Language Study Trip to New Zealand</li> </ul>
September	<ul style="list-style-type: none"> <li>- Sports festival</li> <li>- Cultural festival</li> </ul>
October	<ul style="list-style-type: none"> <li>- Career guidance sessions by department and course for second-year students</li> <li>- Evacuation Drill</li> </ul>
November	<ul style="list-style-type: none"> <li>- Second-year School Trip</li> </ul>
December	<ul style="list-style-type: none"> <li>- Christmas Mass</li> </ul>
January	<ul style="list-style-type: none"> <li>- Student council officer elections</li> </ul>
March	<ul style="list-style-type: none"> <li>- Graduation Ceremony for third-year students</li> <li>- Completion Ceremony</li> <li>- Ball sports tournament</li> </ul>



Graduation Ceremony



Field Trip



Career Exploration



Sports Festival



Cultural Festival

## Annual School Events Junior High School

年間行事（中学）

April	- Entrance Ceremony/Opening Ceremony - Field Trip for 2nd-year students (off-campus learning) - Overnight Training for 1st-year students
May	- Spring Sports Event Send-off Ceremony
June	- Study Trip for 3rd-year students - The Solemnity of Saints Peter and Paul, Apostles
July	- Summer Sports Event Send-off Ceremony - End of 1st Semester Ceremony - Summer Courses
August	- Summer Courses - Language Study Trip to New Zealand
September	- Opening Ceremony for 2nd Semester - School Sports Festival
October	- Autumn Sports Event Send-off Ceremony
November	- Junior High School Cultural Festival
December	- Study Camp for 3rd-year students - Christmas Mass - End of 2nd Semester Ceremony
January	- Hyakunin Isshu (Traditional Japanese Poetry) Competition - Opening Ceremony for 3rd Semester
February	- Ski Training for 2nd-year students - Skating Lessons for 1st-year students - Sports Experience for Students with Disabilities (2nd-year)
March	- Farewell Event for 3rd-year students - Graduation Ceremony - Completion Ceremony



Ski Training



Hyakunin Isshu Competition



Cultural Festival



Sports Festival



Farm Experience



Childcare Exchange



Overnight Training



Christmas Mass

## Club Activities

クラブ活動



Baseball



Volleyball



Men's Basketball



Men's Tennis



Rugby Football



Ice Hockey



Athletics



Soccer



Kendo



Badminton



Table Tennis



Women's Tennis



Women's Basketball



Brass Band



Literary Manga



Exploring Nature



Shogi



Broadcasting



Chorus



Tea Ceremony.



Computer



Volunteer Enthusiast Association

## Course and Enrollment

修了年数・学科・入学定員

School	Duration	Course	Enrollment Quota
Junior High School	3 years	-	120 × 3 = 360
Senior High School	3 years	General Course	350 × 3 = 1,050

# Facilities

施設



Chapel



Memorial Auditorium



Bakery



Cafeteria



Gymnasium



Martial Arts Gym



Artificial Turf Ground



Computer Room

## Kusatsu as a Historical Landmark

歴史上の名所としての草津市



歌川広重画 近江八景「矢橋の帰帆」

The "Kihana Returning Sails at Yabase," painted by Hiroshige Utagawa in the mid-19th century, is a famous ukiyo-e print that depicts the direction of Kyoto. It is part of his renowned series called the "Eight Views of Omi." The artwork portrays the scene from the ferry terminal, which connects the island of Kihana in Kusatsu City, near Kousen Catholic High School, to Otsu on the opposite shore of Lake Biwa. In the distance, you can see Mt. Hiei, with Kyoto located beyond it.

## Good Locations for Field Trips

校外学習好適地



彦根城・ひこにゃん（滋賀県彦根市）

Hikone Castle and its beloved mascot, Hikonyan, are iconic symbols of Hikone City. Hikone Castle, a designated national treasure, is a well-preserved feudal castle that showcases traditional Japanese architecture and offers breathtaking views of Lake Biwa. Hikonyan, the castle's adorable cat mascot, has won the hearts of visitors with its charming presence and playful personality. Together, Hikone Castle and Hikonyan provide a delightful cultural experience for tourists and locals alike.



清水寺・金閣寺（京都市）

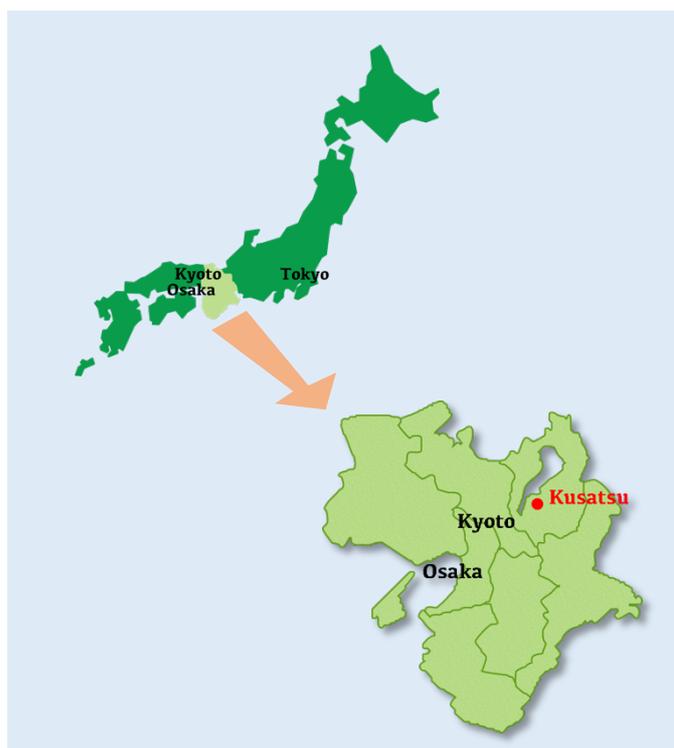
Kiyomizu-dera and Kinkaku-ji are two iconic and representative temples of Kyoto. Kiyomizu-dera, meaning "Pure Water Temple," is known for its magnificent wooden terrace that offers panoramic views of the city. It is a UNESCO World Heritage Site and a popular destination for its historic significance and stunning architecture. On the other hand, Kinkaku-ji, also known as the Golden Pavilion, is a Zen Buddhist temple covered in gold leaf, reflecting its beauty on the surrounding pond. It is a striking testament to the elegance and splendor of traditional Japanese aesthetics. Both temples attract countless visitors each year, showcasing the rich cultural heritage and spiritual essence of Kyoto.



日本橋（大阪市）

Nipponbashi in Osaka, known as a holy land for anime and otaku culture, is a prime destination for enthusiasts of cool Japan. It offers a vibrant hub where fans can immerse themselves in anime, manga, and unique otaku experiences. From specialty stores to themed cafes and regular events, Nipponbashi captures the essence of Japan's pop culture, making it a must-visit spot for anime lovers and otaku enthusiasts.





Transportation (by train)  
from Kansai Airport: 1 hour and 45 minutes  
from Osaka: about 1 hour.

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**Kousen Catholic Junior and Senior High School**  
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